



## OUTDOOR LEARNING OPPORTUNITIES

**NEW for 2008-2009!** USAGSO-NA offers two outdoor learning opportunities for adults, **Footsteps to Outdoor Adventures with Girls** a ½ day course and **Take It Outside – Troop Camping with Girls** which includes an overnight.

### **FOOTSTEPS TO OUTDOOR ADVENTURES WITH GIRLS – 3 hours**

- ◆ This course is specifically designed for troop leaders or advisors who want to guide or partner with girls to plan and implement outdoor day events only such as day hikes, day camp or simple cook-outs.
- ◆ Upon the conclusion of this course participants will be certified in outdoor cooking for “one-pot” meals and simple stick cooking (s’mores) as well as become familiar with basic outdoor skills such as knots, knife safety, fire-building and planning hikes. For overnight camping events, volunteers are required to complete **Take It Outside – Troop Camp Training with Girls**, which includes an overnight.

#### **This adult will:**

1. **PARTNER** with girls to design outdoor day events that are girl-led, cooperative and learn by doing.
  2. **PLAN** and prepare for the outdoor experience with the girls.
  3. **ATTEND** the outdoor event and provide appropriate adult ratios for planned activities.
  4. **LISTEN** to the girls and guide them to evaluate their experiences.
- ◆ The only prerequisite for this course is the “Welcome to Girl Scouting” orientation. However it is recommended that participants have completed a “Basic Leader Training” (on-line at <http://www.usagso-na.org/adulted/blt.php>) as this course builds on the basics.
  - ◆ Participants must register with USAGSO-North Atlantic. The fee is: \$5.00.
  - ◆ Participants must pay their fee directly to USAGSO-North Atlantic. Please **do not send** your check to the Overseas Committee hosting this learning opportunity.

### **TAKE IT OUTSIDE – TROOP CAMPING WITH GIRLS (formerly Outdoor Training) (Usually Saturday-Sunday and includes an overnight – approximately 15 hours of learning credit)**

- ◆ **Take It Outside – Troop Camping with Girls** is based on the minimal impact (***Leave No Trace***) outdoor ethic:
  1. Plan ahead and prepare.
  2. Camp and travel on durable surfaces.
  3. Pack it in. Pack it out.
  4. Properly dispose of what you can’t pack out.
  5. Leave what you find.
  6. Minimize use and impact of fires.
- ◆ This course is designed to give an adult the skills, knowledge and confidence to partner, plan and implement overnight troop camping experiences with girls.
- ◆ **Participants must attend the entire session in order to get credit for the course.**
- ◆ The only prerequisite for this course is the “Welcome to Girl Scouting” orientation. However it is recommended that participants have completed a “Basic Leader Training” (on-line at <http://www.usagso-na.org/adulted/blt.php>) as this course builds on the basics.

- ◆ Troop camping activities would include the following:
  1. **Sleeping** in the out-of-doors on the ground, in tents, or in open-air shelters such as tent platforms, A-frames, kiosks, Adirondack shelters, etc.
  2. **Food Preparation** involving the use of Kaper charts on camp stoves, charcoal fires, and/or wood fires.
  3. **Outdoor Skills** such as hiking, compass and map, outdoor survival, environmental education, use of knots or lashing, and/or the setting up of shelters.
  4. **Program Planning** incorporating girl/adult planning principles and the girl/adult partnership.
- ◆ If the girls in the troop plan to participate in camping activities listed above, the troop will need to have an adult who is has completed this course or its equivalency (Girl Scout) at another location.

**This adult will:**

5. **PARTNER** with girls to design outdoor experiences that are girl-led, cooperative and learn by doing.
  6. **PLAN** and prepare for the camping event with the girls.
  7. **ATTEND** the camping event and provide appropriate adult ratios for planned activities.
  8. **LISTEN** to the girls and guide them to evaluate their experiences.
- ◆ The required book for the course is *Outdoor Education in Girl Scouting*. You may be able to borrow a copy of this book from your Girl Scout Overseas Committee resource library. In addition, you can order a copy of the book through the Girl Scout catalog or USAGSO-NA Shop, on your course registration form.
  - ◆ Participants must register with USAGSO-North Atlantic. The fee is: \$20.00.
  - ◆ Participants must pay their fee directly to USAGSO-North Atlantic. Please **do not send** your check to the Overseas Committee hosting this learning opportunity.

COURSE	PREREQUISITE	HOW LONG	WHERE	GIVEN BY	CONTENT	FEE
Footsteps to Outdoor Adventures with Girls	"Welcome to Girl Scouting" (Orientation)	3 hours	Sites throughout the USAGSO-NA jurisdiction	USAGSO-North Atlantic Facilitators	<ul style="list-style-type: none"> <li>- Partnering with girls to plan, implement and evaluate an outdoor day event with girls</li> <li>- Health and safety standards</li> <li>- Outdoor skills: simple fire-building; beginner cooking methods; knife safety</li> <li>- Equipment and other supplies</li> </ul>	\$5.00
Take It Outside – Troop Camping with Girls	"Welcome to Girl Scouting" (Orientation)	15 hours and including an overnight	Sites throughout the USAGSO-NA jurisdiction	USAGSO-North Atlantic Facilitators	<ul style="list-style-type: none"> <li>- Partnering with girls to plan, implement and evaluate overnight troop camping events</li> <li>- Minimal impact techniques</li> <li>- Health and safety standards</li> <li>- How to pack!</li> <li>- Clothing, equipment and other supplies</li> <li>- Outdoor skills: knots; knives; shelter; fire-building; three types of outdoor cooking</li> </ul>	\$20.00

## FOOTSTEPS TO OUTDOOR ADVENTURES WITH GIRLS – 3 HOURS

COURSE #	DAY	DATE	TIME	COUNTRY	HOST COMMITTEE	FEE
401	Sat	13 Sep	1330-1630	Germany	Spangdahlem	\$5.00
402	Sat	27 Sep	1330-1630	United Kingdom	Harrogate	\$5.00
403	Sun	28 Sep	1330-1630	The Netherlands	Tri-Borders	\$5.00
404	Sat	4 Oct	1330-1630	Germany	Hohenfels	\$5.00
405	Sun	5 Oct	1330-1630	Italy	Vicenza	\$5.00
406	Sat	18 Oct	1330-1630	Germany	Stuttgart	\$5.00
407	Sat	18 Oct	1330-1630	Italy	Sigonella	\$5.00
408	Sat	25 Oct	1330-1630	Italy	Aviano	\$5.00
409	Sat	1 Nov	1330-1630	Spain	Rota	\$5.00
410	Sat	8 Nov	1330-1630	United Kingdom	Anglia	\$5.00
411	Sun	16 Nov	1330-1630	Germany	Bamberg	\$5.00

## TAKE IT OUTSIDE – TROOP CAMPING WITH GIRLS – 16 HOURS

COURSE #	DAY	DATE	TIME	COUNTRY	HOST COMMITTEE	FEE
501	Sat-Sun	20-21 Sep	0845 Saturday – 1400 Sunday	Germany	Ramstein	\$20.00
502	Sat-Sun	20-21 Sep	0845 Saturday – 1400 Sunday	Germany	Heidelberg	\$20.00
503	Sat-Sun	27-28 Sep	0845 Saturday – 1400 Sunday	Germany	Hohenfels	\$20.00
504	Sat-Sun	27-28 Sep	0845 Saturday – 1400 Sunday	Germany	Stuttgart	\$20.00
505	Sat-Sun	4-5 Oct	0845 Saturday – 1400 Sunday	Germany	Bamberg	\$20.00
506	Sat-Sun	22-23 Nov	0845 Saturday – 1400 Sunday	The Netherlands	Tri-Borders	\$20.00

USA Girl Scouts Overseas – North Atlantic and USA Girls Scouts Overseas communities throughout Europe join together to provide leaders and girls with opportunities to participate in outdoor activities through the provision of day camp and resident camp experiences.

However, it is in the troop setting that girls will:

**DISCOVER** what our natural world has to offer...

**CONNECT** as they first venture into the outdoors and develop camping and teamwork skills...

**TAKE ACTION** to leave no trace and make the world a better place!