



The Bully Free Zone! Here's the Deal...Information Flyer



- ✚ So where do bullies come from?
- ✚ What happened – we've been best buds since 4th grade and now she's a certified "mean girl"?
- ✚ Why does this kid hate me? We hardly know each other!!!

Sometimes kids lose control and take out their frustrations on peers or someone younger.

Boundaries are crossed and bully is born.

We have a chance to make a difference in our communities. More than ever girls need the "safe space, safe place" environment that Girl Scouts offers. We can help girls grow strong and teach them leadership, communication, and teamwork skills that will serve them **all of their lives!**

So this is our invitation to you to become a part of this important project. We are recruiting girl/adult teams (2 girls ages 12 and up and 1 adult) from Overseas Committees throughout Europe to facilitate *The Bully Free Zone!* programs.

The responsibilities of the *girl Planning POWER Teams:*

- ✚ Teams **must** attend training to be offered (waiting on date). Training includes: a four hour training session, a 1 hour planning session with their adult advisor and a 1 hour brainstorming session with the USAGSO-NA program staff. You can attend this training without an adult advisor – recruit an interested adult later!
- ✚ **Recruit** other girls and adult volunteers to assist with the project; **locate** community partners to sponsor the project; **assist** with phone calls and community contacts. This is your program, you make it happen!
- ✚ Our *Bully Free* teams must commit to facilitating at **least 2 – 4 workshops** for a total of 4 contact hours. A 4-hour day event is possible with prior permission. You can offer the program to a specific level (say K through 2nd, 3rd thorough 5th) or to girls of all ages. *Training will show you how!*
- ✚ Work with their advisor to find a community partner and volunteers to assist them. Schools are the bet. This is a great opportunity for active duty personnel to volunteer in military communities! *Training will show you how!*
- ✚ In addition, upon completion of the project, there will be mandatory reporting that must be completed within 2 weeks of completion of a event or workshops. **Yep, there is paper work but we are working hard to make the reporting short and sweet!** 😊

The responsibilities of the *Adult Advisors:*

- ✚ Attend training, date and location to be set at the convenience of the participants and facilitators. There will be one 3 hour training session for adults followed by a 1 hour planning session with their respective planning teams.

- ✚ **Assist** planning teams to: **recruit** other girls and adult volunteers to assist with the project; **locate** community partners to sponsor the project; **assist** with phone calls and community contacts; **motivator** and sometimes the **timekeeper** and a **shoulder to lean on** when necessary. *Hugs are important!*

Girl and Adult Members of The Bully Free Zone! "We Got The Power" teams will receive:

- ✚ **Free training** conducted by a girl – adult facilitating team. The girl facilitators have themselves successfully completed a **Bully Free Zone** program in their community. Participants are responsible for transportation to and from the learning site.
- ✚ A **Bully Free** tee-shirt – yours to keep (to be worn when facilitating your at-home workshops) for all girl teams and adult partners.
- ✚ **All** program/promotional materials to prepare teams to deliver your workshops.
- ✚ Continuing support from USAGSO-NA in developing their program.
- ✚ **Free participation patches** for every girl/adult who attends or assists with the workshops.

This is an amazing opportunity for Girl Scouts to give service back to their communities on a very important topic. **The hours the girls log** on this project can be used towards Girl Scout awards, school credit (possible with prior approval from a collaborating school) or service hours for religious awards or other school/social clubs that require a specific number of community service hours.

*Together, with your help, we can assist girls in developing the skills necessary to recognize, refuse and report **Bullying!***

WE WANT YOU!!!

Interested??? Please contact *Mary Edna Wuertenberger* mary.wuertenberger@eur.army.mil